

ISA ACTIVITY (YEAR 2020-2021)
INTER-CLASS POWERPOINT PRESENTATION MAKING COMPETITION
TITLE- DISCIPLINE: MIND, BODY AND SOUL

An Introductory PowerPoint Presentation on the topic- “Mental and Physical Fitness Regimes” was shown to the students of grade VII, VIII and IX on Wednesday, 30th September 2020 through Google Meet as Pre-activity under TECHNOYOG, ISA Project (Year 2020-2021). The presentations depicted various mental and physical fitness regimes followed in the target countries India, Japan, China and Afghanistan.

The students were then instructed to make PowerPoint Presentation based on the given rules and guidelines on various mental and physical fitness followed in the target countries. The students of grade VII, VIII and IX participated enthusiastically and researched on various mental and physical fitness regimes followed in India and Japan; India and Afghanistan & India and China respectively and prepared a PowerPoint Presentation regimes followed in on the topic- “Mental and Physical Fitness Regimes” in teams of four.

This event was judged by Ms. Sumathi Senthil, PGT (Physical Education), SVISG and Ms. Komal Motwani, PET (Physical Education), SVISG. The results were declared on 13th October 2020 and the best adjudged PowerPoint Presentation was selected from each grade and shown to the students on 15th October 2020 through Google Meet.

The result of the Inter-Class PowerPoint Presentation Making Competition is as follows:

- Grade VII-D (Group-8): Sanskriti Borad, Seerat Kaur, Sharanya Chandra and Shreemanshi Kaushik
- Grade VIII-B (Group-8): Simran, Sonu Mishra, Tanishka and Taniya Pawar
- Grade IX-C (Group-6): Nandini Kwatra, Niharika Singh, Nishtha and Niyati



